

Diabetes Qualifying Log

INSTRUCTIONS for Plan Year 2022:

If your 2020 Qualifying A1C (or 2019 Qualifying A1C if you did not complete annual county lab work for 2020) was at 9.0 or above, you must begin the log (on page 2) starting January 1, 2020 and complete by August 31, 2021 in order to Qualify for the Ultimate/Best Plan Level.

Get started now by scheduling your labs and doctor visits for January, April and July.

Steps to complete at your quarterly doctor visits:

- ✓ Ask for Lab Slip
- ✓ Confirm appointment for next quarter



Your Qualifying Requirements Check List:

- Obtain an A1C lab **every 3 months** starting in January, followed with visits (telehealth is acceptable) to your treating physician.
- Complete the annual Blueprint Qualifying Lab Work which can be included in one of the quarterly A1C lab draws. (Note: Qualifying Lab Work must be completed by 7/30/21)
- Physical exam, including foot exam by your primary care physician
- Annual dilated eye exam by an ophthalmologist or optometrist
- Attend Survival Skills classes: "The Basics of Diabetes Care" AND "What Can I Eat" either in-person or virtual option.

Complete LOG on Page 2 and Submit with Diabetes Qualifying Form by August 31, 2021

You will be placed in the BETTER Plan level rather than the Ultimate/Best if log is incomplete



Diabetes Qualifying LOG for Plan Year 2022

in DANGER
9.0
 or ABOVE

If your **2020/2019 Qualifying A1C** was at **9.0 or above**, quarterly A1C Lab Values must be obtained, followed with visits (telehealth is acceptable) to your treating physician in order to qualify for the Ultimate/Best Plan. Start January 1, 2021, and complete by August 31, 2021.

Participant Name: _____ **Date of Birth:** _____

Labs must be drawn at any Quest Diagnostics and can be ordered by your physician or Florey Miller, YourChoice Diabetes Educator. Annual county Blueprint Qualifying labs can be included as one of these quarterly lab draws.

- **Lab fees will be at no cost if you are currently on the Ultimate Plan Level. If you are on the Best, Better or Basic level, a deductible or co-insurance may apply.**

Winter (January 1, 2021 – March 31, 2021):

A1C lab value: _____

Date lab was drawn: _____

It is suggested you schedule all your quarterly physician visits now in order to avoid missing the August 31, 2020 deadline for Qualifying for the Ultimate Plan.

Winter 2021: Physician please fill out.

Care plan for this member is:

Print physician name Physician Signature Date

Spring (April 1, 2021 – June 30, 2021):

A1C lab value: _____

Date lab was drawn: _____

Keep in mind the deadline for completing county Qualifying labs is June 30, 2021

Spring 2021: Physician please fill out.

Care plan for this member is:

Print physician name Physician Signature Date

Summer (July 1, 2021 – August 31 2021)

A1C value: _____

Date lab was drawn: _____

You must turn in this log along with your Diabetes Qualifying Form by August 31, 2021 to Florey Miller in order to be eligible for the Best/Ultimate Plan.

Summer 2021: Physician please fill out.

Care plan for this member is:

Print physician name Physician Signature Date

▶ If A1C value and doctor visits are not completed for all 3 quarters, you will be placed in the BETTER Plan Level rather than the Ultimate/Best.

▶ Submit Form by August 31, 2021: This log must be submitted to Florey Miller, YourChoice Diabetes Educator, at Employee Health Benefits, 5213 4th Ave Cir E, Bradenton, FL 34208.

www.ManateeYourChoice.com * (941) 748-4501 x6410 * fmill@manateeyourchoice.com