

TELEMYND

Virtual Mental Health Care For All Aetna Members

Get matched with a specialized therapist or prescriber covered by your insurance today.

CALL 866-991-2103



Quality mental health care should be available to everyone, no matter where they live. That's why we built Telemynd, an easy-to-use telebehavioral health platform where you can see therapists and prescribers virtually so that you can always feel confident about the future of your mental health.



Step 1: Request An Appointment

Answer questions about your mental health online or call our live care team at: **1-866-991-2103**



Step 2: Get Matched

We'll match you with a provider who fits your needs & schedule your appointment.



Step 3: Meet With Your Provider

It's time to meet with your licensed therapist or prescriber through live sessions.



Step 4: Ongoing Support

You can message your provider at any time to schedule your next follow-up appointment(s).

Wish to speak with a live person? No problem. Simply reach out to our Care Team at 866-991-2103 and we'll help coordinate your appointment.