

# Commonly Asked Questions and Answers Pertaining to Blueprint for Wellness

1. Will all dependents age 18 and under be placed in the Ultimate Plan and are they required to take any action? If so, can they still do a wellness exam and dental cleaning at no cost (no \$30 copay)?

**Answer:** Yes, dependents age 18 and under will be placed in the Ultimate plan and no additional requirements will be needed. Yes, these members can still do their preventive exams and they will be covered at 100%.
2. Will employees and dependents age 19 and older with benefits 1/1/24 and prior will need to complete their blueprint lab draw?

**Answer:** Yes, all employees and their dependents (adults 19+) and regardless of completing labs in 2023, will need to complete the Blueprint labs by March 31<sup>st</sup>, 2024.
3. When will the Blueprint System be open allow members to schedule their screening?

**Answer:** The Blueprint for Wellness system will open for scheduling on January 3<sup>rd</sup>, 2024.
4. Will you provide instructions to login and to schedule your lab draw in the Blueprint system?

**Answer:** Yes, the Instructions will be added to the [www.manateeyourchoice.com](http://www.manateeyourchoice.com) soon. I have attached a copy for your use. Our Blueprint will not be accessible until JANUARY 3, 2024!
5. What is the Registration Key for new members?

**Answer:** The registration key is "Manatee".
6. Please clarify what date you are using to determine if a member is age 19 or older?

**Answer:** If member is age 19 on 1/1/24, that is the age that will be used.
7. What is the FINAL date for members with benefits effective 1/1/24 or prior to complete their lab draw?

**Answer:** The deadline to complete the Blueprint labs is 3/31/24
8. Will nicotine exposed members have an opportunity to upgrade to the Ultimate Plan any time during the year? If so, can you please provide with the instructions, details and/or process to upgrade.

**Answer:** Yes, nicotine exposed members will have the opportunity to upgrade to Ultimate mid-year. Those members will need to contact Vanessa Rene at ext. 6418 for more information.
9. Members that did not complete their lab draw in 2023, what plan level will they be placed in for 1/1/24 to 3/31/24, Ultimate or Best?

**Answer:** All members who did not complete their lab draw will be placed in the Best plan eff 1/1/24, if they are not nicotine exposed and complete their lab draw in required time frame in 2024 they can be upgraded to the Ultimate plan as of 5/1/24. All nicotine exposed members need to complete the early upgrade program to be eligible for the Ultimate Plan.

10. What does the Blueprint for Wellness screening include?

**Answer:** It is the regular Blueprint for Wellness screening as in prior years for the members to be aware of their numbers, including the cotinine test.

11. If I do not complete my lab draw by the due date, is there an opportunity to complete the lab work to update my plan level?

**Answer:** No other opportunity or exceptions will be allowed at this time. The member(s) will be downgraded to Best eff 5/1/24 if Blueprint labs were not completed by the deadline.

12. I still want to complete my annual wellness exam and age-based screenings each year. Does the YourChoice Health Plan still cover one wellness exam, pap smear exam and mammogram screening per calendar year at no cost? If so, do I have to wait 365 days since my last exam or is it still one per calendar year?

**Answer:** All preventive exams are covered at 100% and there are no changes to the plans. Members are allowed preventive screenings 1 per calendar year for each of the above without having to have to wait 365 days since their last exam.

13. In the past I completed my blueprint for wellness lab work in June and visited my physician (with my blueprint for wellness lab results) for my wellness exam in July. I already have my wellness exam scheduled for July 2024 and would like for the appointment to remain in July. If I wait until July to visit my physician, they may want to request new lab testing since the results will be 5-6 months old. If my physician requests additional bloodwork in July, will the medical plan cover it at 100%?

**Answer:** Physician requested routine labs should be covered if member is in the Ultimate plan, but it will depend on the type of lab(s) requested. If the member is in the Best plan, the deductible and co-insurance will apply. Check with Aetna to confirm.

14. Are you offering a health buck program for 2024?

**Answer:** We will not be offering an incentive program at this time.

15. Will there be a form for the members to take to Quest when getting their bloodwork?

**Answer:** Yes, when the Blueprint for Wellness system opens on 1/3/24, members will be able to schedule their appointment and as always, they will have the ability to print their EREQ to bring to Quest.

16. Is Fasting still required?

**Answer:** We are providing the same full panel as years past, so yes, fasting is still required for optimal results.

17. What plan level will new hires be enrolled in?

**Answer:** New Hires who are not nicotine exposed will be placed in the Ultimate plan until they complete their Blueprint labs. They will remain are not nicotine exposed. New Hires who answer yes to the nicotine exposure question during their new hire benefits enrollment are automatically placed in the Best Plan.

18. What happens if a new hire does not complete the Blueprint labs in the required time frame?

**Answer:** If the new hire is enrolled in the Ultimate Plan and they do not complete their Blueprint lab draw by the due date, they will be downgraded to the Best Plan effective the 1<sup>st</sup> of the month following their labs due date.

19. Why this change in testing?

**Answer:** We are working to bring everyone into the same guidelines and standards for health plan status. To ensure fairness across the board, we need to have the same requirements, such as blood testing within a standard time frame that apply to all Adult Health Plan Members.